

# QUEEN ANNE'S COUNTY PARKS AND RECREATION

## YOUTH VOLLEYBALL LEAGUE RULES

### I. AGE DIVISIONS – As of September 1

Senior Divisions	Girls	10-12 year old
High School Division	Girls	13-17 year old

### II. PLAYING RULES

1. Matches will be 3 games to 25 points rally scoring.
2. Six players shall be on the court at a time. If a team does not have 6 players, you may play with 5. However, you must leave a "hole" which will follow around during the rotations. When the "hole" reaches the service position, a "sideout" and point will be declared and the ball returned to opposing team. Players can be borrowed from the opponent to prevent a forfeit. This will be four players for High School Division.
3. A ball landing on any part of the side or end lines is considered in.
4. Let' serves are legal. The ball may touch the net on the serve and travel into the opponent's court.
5. There may be three contacts on a side. A block is not considered a contact.
6. Players rotate positions in a clockwise direction, i.e., the person in the right front position will move to bench – bench to the serving spot (right back), the server moves to center back, and so on.
7. You cannot block or attack a serve. Mercy Rule – No more than 5 points may be scored per server.
8. You may receive a serve with two hands if you are attempting to set the ball. You may double contact the first ball that travels onto your side of the court from the other team.
9. You may set the ball over the net with two hands, but you may not slap the ball into the opponent's court. If the ball is set over the net, it must be 'clean' and it is the judgment of the official.
10. Senior Division will get two tosses per serve, but you must let the first toss drop if you would like a re-toss. High School Division will get two tosses for there first serve only, if they score and re-serve must play first toss.
11. Hands must be together for an underhand pass.

12. Each team receives a maximum of two time outs per game. Timeouts one (1) minute.
13. The time period between games of a match shall be three (3) minute.
14. Decisions of the officials at game time are final and not subject to protest.
15. A toss of a coin by the official will decide which team will begin serve in the first game. The serve will alternate for the other games. Teams will switch sides for games one and two. Third game will switch sides when 1 team scores twelve points.
16. Each team will provide one linesperson for each game. The official will position them accordingly. The linesperson may be changed provided the official is notified and grants permission for a change to be made.
17. Teams should be ready to play promptly at the scheduled time.
18. NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS rules will be followed except for the above changes and division rules will govern play.