

QUEEN ANNE'S COUNTY DEPARTMENT OF PARKS AND RECREATION

INDOOR SOCCER RULES

I. AGE DIVISIONS

Little Tikes	Divisions	Co-Ed	Ages 4-5
Kiddie	Divisions	Co-Ed	Ages 6-7
Pee Wee	Divisions	Co-Ed	Ages 8-9
Junior	Divisions	Co-Ed	Ages 10-11
Senior	Divisions	Co-Ed	Ages 12-13
Pro	Divisions	Co-Ed	Ages 14-17

II. EQUIPMENT

Pee Wee and below leagues will use a #4 Soccer Ball. Junior and above leagues will use a regulation #5 Soccer Ball.

III. PLAYING RULES

1. All participants must have shin guards to play.
2. There is NO offsides in this league.
3. No Slide tackling. If ball goes out of bounds, it will be start from that point with a kick.
4. On the kickoff, the opposing team must be behind the red line. You can not score directly from a kickoff. The ball must touch another person, before you second touch a ball. You can only score in your offensive end.
5. The goalie must distribute the ball after a save. The goalie may kick or throw the ball, but the ball must hit the floor or touch a player before half court.
6. All kicks are direct. There should be a ten feet (10) distance between the ball and the opposing team.
7. No boarding is allowed. This game is to improve your skills not for pushing and shoving.
8. All games are thirty (30) minutes total, running clock and No overtime. There are no halves or quarters.
9. All players should be at the gym 15 minutes prior to their game time.
10. NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS rules will be followed except for the above changes and division rules will govern play.

IV. DIVISION RULES

1. IF YOU HAVE THE FIRST GAME, COACHES FROM EACH TEAM SHOW UP TO HELP SET-UP THE GYM.
2. All games are running clock, NO Overtime. – Number of players will be noted on scheduled, if team is short players, opposing team must play down.
3. IF YOU HAVE THE LAST GAME, PLEASE STAY TO HELP BREAK-DOWN THE GYM.